



RKC Reporter

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THRIVE - Flu Season "Shot in the Arm"

Education and assistance on flu vaccinations is coming via THRIVE. This is a Kiwanis International health service program, on which Rosemead Kiwanis is partnering with one of the new owners of the former California Christian Home, Mission Care and Rehabilitation.

The acronym THRIVE means "Tackling the Health Risk of Influenza with Vaccinations and Education." The

THRIVE program secures the vaccine and provide nursing assistance. They are furnishing the publicity materials. Rosemead Kiwanis will be involved in the program by providing contacts to publicize the needs and benefits of vaccinations through businesses, schools, the Chamber, newspapers, etc

Why all the excitement? According to the CDC (Center for Disease Control), many at-risk adults are not getting

the vaccines they need to prevent diseases such as influenza, pneumococcal pneumonia and hepatitis B.

As a result:

- 200,000 individuals are likely to be hospitalized due to influenza complications and of these approximately 36,000 will die.

(See "Flu," p. 2)

Rosemead
Kiwanis
Club
"since 1945"

Box 832
Rosemead, CA
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Lincoln Center Co-Founder Relates History

Charlie Kezman, co-founder of the Lincoln Training Center, addressed the Rosemead Kiwanis Club on September 29, 2005.

The Club has been a prime supporter of the Center, one of California's largest organizations specializing in finding work for the developmentally delayed, for years. We have funded the Center's

Junior Toastmaster group, for which Kiwanian Mario Manzano serves as staff advisor. RKC is exploring, with other Kiwanis Clubs, sponsoring a Kiwanis Aktion Club for clients of the Center.

One of the Kezmans' sons, Albert, was diagnosed as developmentally delayed at the age of one year.

Despite advice from some physicians, they refused to institutionalize him. Instead, in 1963 they joined with other parents in training handicapped teenagers to do light tasks.

Initially, those involved worked out of a bungalow at Lincoln School in San Gabriel. The first job was to roll

(See "Center," p. 3)

Flu ... (from page 1)

- 33,000 people suffer from invasive pneumococcal disease; 5,000 will die.
- 80,000 individuals become newly infected with hepatitis B; 5,000 will die.

Pneumonia and influenza together are now the sixth leading cause of death among older adults. The CDC estimates that the overall cost to the United States from vaccine-preventable diseases of adults exceeds \$10 billion per year.

More CDC facts can be gleaned from the CDC website at <http://www.cdc.gov/flu/>. According to current research and CDC statistics:

- Influenza vaccine saves \$14.71 per person in medical costs for each person vaccinated between the ages 18 and 63.
- Influenza vaccine saves \$182 in medical costs for each person

- vaccinated aged 65 or over.
- Pneumococcal vaccine saves \$8.87 in medical costs per person vaccinated aged 65 or over.
- Hepatitis B vaccine saves \$100 million in medical costs for every 1 million high-risk adults vaccinated.

These statistics, which according to UNICEF, are mirrored in other countries, are what has motivated Kiwanis International to partner with Chiron Vaccines in a three-pronged "Young Children: Priority One" campaign to minimize the effects of influenza outbreaks.

The campaign focuses on education, community outreach, and vaccination through local clubs partnering in communities.

Once a vaccination program is scheduled Chiron Vaccines sends a visiting nurse to the designated location to administer the vaccines.

With Rosemead Kiwanis Club cooperation, Bryce

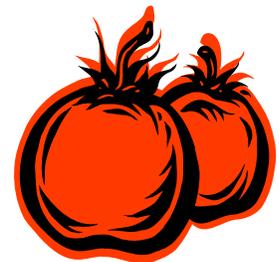
Porter, Director of Marketing/ Admissions for Mission Care and Rehabilitation, will be heading this program for Mission Care.

Need for the program was spotlighted by the recent remarks of Health Secretary Michael Leavitt regarding a developing Asian bird flu pandemic.

Experts fear H5N1 could mutate into a virus which spreads easily among humans, creating a pandemic that might kill millions. The so-called Spanish flu pandemic of 1918 killed over 20 million people worldwide.

An orientation meeting will be held on October 20 and immunizations will take place November 10 (free for Medicare members, \$20 for others). Kiwanis members should be present at the orientation meeting, and may be asked to assist on vaccination day with registrations, etc.

Cal Mission Inn, another co-owner of the former California Christian Home property, has also secured vaccine for its residents and may help in the future.



Center . . . (from p.1)
 newspapers for a lighting firm. They were used as packing material. The teens would come home with hands black with newsprint. Incorporated in 1964, Lincoln today has its own 32,000 square foot building in South El Monte. Kezman highlighted the steps in acquiring and building this

facility. There is also a branch in Roseville, California.

Together they serve over 450 clients, including those placed into offsite jobs, and a six million dollar budget. The Center's Production Services Department has contracts with over 150 national and international clients.

Charles Kezman, now 84, is retiring as a Board member of the Lincoln Training Center after forty-years of service. But it does not end the involvement of the Kezman family. Another son, Nick Kezman, will replace him.

He will have plenty to do. According to the website for the Center, Lincolntc.org, one person in every ten has a severe disability — over 70% of adults with developmental disabilities are still unemployed.



Fact: over 70% of adults with developmental disabilities are unemployed

"As iron sharpens iron so also do volunteers laboring in service to others improve themselves as well."

— Overheard on talk radio

Toastmaster Kiwanis Survey Mandated

Toastmasters International has raised its annual member dues from \$36 to \$54. This action triggered a discussion in the September 22, 2005, Rosemead Kiwanis Toastmasters Club meeting. Focus was whether our Club should maintain our dual-branded status as part of both the Kiwanis International and Toastmaster's International organizations.

Sentiment among club members present was highly favorable towards retention of the traditional relationship

despite the increase. However, at the request of some members, President Ernie Ayala agreed to a poll of the entire club membership.

Those favoring continuation of the dual-branded club arrangement pointed to several considerations:

1) Roughly one-half of recent new members, including Ernie, initially were attracted through Toastmasters availability; several of the most active re-

cent new members have also embraced it.

- 2) Aspects of Toastmasters have dovetailed very nicely with Rosemead Kiwanis supported activities in both Rosemead schools and at the Lincoln Training Center
- 3) Participation of both Club members and others in regional and State programs would suffer.

(See "Poll" p. 4)



Poll . . . (from p. 3)

4) The Toastmaster training has improved the speaking skills of participating members, laying groundwork for Kiwanis members to accept public speaking opportunities on behalf of various projects.

Specific related activities presently include Kiwanian Mario Manzano’s sponsorship of a Junior Toastmaster’s program at the Lincoln Training Center and Kiwanian Bob Bruesch’s use of Toastmasters materials as part of the Kiwanis-supported Rosemead after-school program.

Bruesch notes that the after school program is not, in a strict sense, a speech group, but rather applied communications in such matters as applying for a job or talking effectively with a supervisor..

Those opposed to continuation of the program pointed out the following drawbacks:

1) The increase in dues could be

financially oppressive to some members, possibly causing some to eventually drop out of both groups.

2) The existence of two groups, even though participation in both is not required, exerts a subtle but real pressure to join up that is annoying to those not interested in public speaking.

3) It is possible that non-Toastmaster participants may be choosing between either avoiding meetings that include Toastmaster-related events or exposing themselves to the risk of being inadvertently called upon to participate in table topics.

4) The alleged benefits of the Toastmasters program for the past five years have not been worth the halving of the number of totally Kiwanis-oriented meetings.

In the meeting at which vote for continued co-branded involvement was taken the vote was 12-2 with two abstentions for retention of the relationship between Rosemead Kiwanis and Rosemead Kiwanis Toastmasters.. However, a large percentage of the total membership was not present. It was therefore requested and agreed that a non-binding poll would be taken of the entire membership.

This may be done either:

- By email to Ernie Ayala by November 1
- By regular mail to the Rosemead Kiwanis Post Office Box by November 1 or
- By voting in person at the November 3, 2005, Rosemead Kiwanis meeting.

In the event of a “No” vote termination would have to be approved by the Boards of the two groups and be effective in October, 2006.

**KIWANIS
“We Build”**

Over the years Kiwanis themes have included:

- **Business mutual aid**
- **Young Children**
- **Education**
- **Spiritual Development**
- **Economic Education**
- **Community Health and Recreation**
- **Developmentally Challenged**
- **Parent Education**

“Helping and changing the world—one person and one community at a time”